

DISTURBANCE is caused when people are too close, too visible or making too much noise.

DID YOU KNOW:

1 If a seal is looking at us (when on land or in the water) it is aware of our presence. It's fight or flight response has been activated.

Remain quiet and back off to avoid it moving away

If a seal is moving from its resting position it has been spooked, it's stress levels have increased, rest has been disrupted and energy wasted.

Move away slowly and quietly

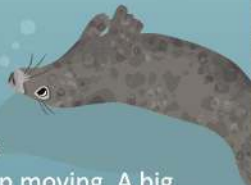


3 If a seal is making for the water, it is fleeing. Panicking, stampeding seals are likely to be injured. Move away immediately

Avoid displacing or disturbing seals at sea.

Seals can be inquisitive, but please don't take advantage. Do not seek encounters with seals.

If by chance you come across one at sea, stay calm and keep moving. A big splash - 'crash dive' shows the seal is distressed.



'It is vital for us all to love and enjoy the freedom of our inspiring marine and coastal environment in ways that help marine life to thrive.'

The Seal Alliance is a collective of regional organisations focused on marine conservation work with seals. It was set up by the Seal Protection Action Group. Between us, the Disturbance Working Group founding members have decades of experience protecting seals and include:

- o British Divers Marine Life Rescue
- o Cornwall Seal Group Research Trust
- o Friends of Horsey Seals
- o North Wales Seal Research Organisation
- o Yorkshire Seal Group
- o Seal Research Trust
- o St Mary's Island Wildlife Conservation Society
- o The Seal Project
- o Ythan Seal Watch

We hope this information is interesting and helps you to share our seas successfully and safely with seals!

Find out more at
www.sealalliance.org

Concerned about a sick or injured seal?
Ring British Divers Marine Life Rescue:
01825 765546



Watching SEALS

Well ♥



Top tips to get the best experience

PLEASE DO NOT DISTURB

